# New models of homecare in England: Their value proposition and implications for market & workforce

**Dr Karla Zimpel-Leal** 

**Senior Lecturer Innovation & Enterprise** 



OXFORD BROOKES BUSINESS SCHOOL



#### Acknowledgments

The author gratefully acknowledge the support of the Economic & Social Research Council (award ES/S001700/1, Jan 2018 – Mar 21, Principal Investigator Dr Karla Zimpel-Leal, University of Sheffield)

#### Related publication:

Zimpel-Leal Karla, 'Emergent homecare models are shaping care in England: an ethnographic study of four distinct homecare models', Advances in Health Care Management ISSN: 1474-8231

#### AGENDA

- Homecare in England
- Homecare workeforce
- Methodology
- New Homecare Models
- Market implications
- Workforce implications
- Conclusions

## **Homecare Market**

# Homecare in England

#### Market segments

- (1) the commercial homecare market
- (2) the informal homecare market

#### **Funding & Commissioning**

- State-funded needs & means tested (£23.250K currently 100K from 2023) local authority (LA) commissioned
- Self-funders privately commissioned

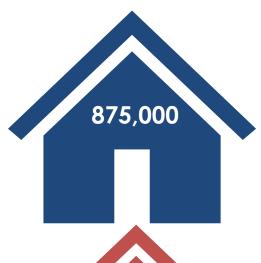
#### Regulation

- The Care Quality Commission (CQC) is the regulator for health and social care in the UK
- Homecare Association
   regulator for providers (non-compulsory)
- Professional care workers unregulated

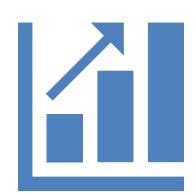
#### Homecare landscape



9 out of 10 people want to live independently at home



Number of people receiving statefunded home care



Market Value: £85 billion £66.4 billion: informal

care

£18.6 billion: commercial



Number of people self-funded home care



HC organisations >10k registered >3k unregistered

# Homecare Market Trends & Challenges

#### Trends

- Shift away from institutionalization (care homes)
- Larger providers are moving their business to privatelyfunded market (buoyant with higher fee)
- Smaller, niche homecare providers are emerging with more suitable offers, mostly for the self-funded market and direct payments
- Challenges
  - Local authorities are risk averse
  - Rigid commissioning and regulation
  - Decommission existing models
  - Lack of transformation funding
  - Rationing of care not everyone's needs met

## **Homecare Workforce**

#### Care Workforce

#### 1.6 million jobs



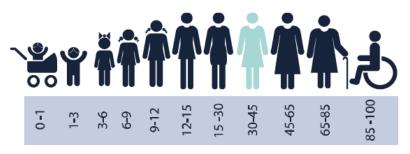
685,000 home care jobs

210,000 community care jobs 36,000 day care jobs 685,000 residential care jobs

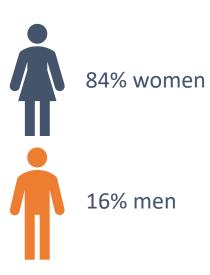
Extra 900,000 jobs by 2035

Staff turnover

40%



Average age 43 years



#### **Nationality**

83% British 7% EU 9% Non-EU

Source: Skills for Care, 2021

## Care Workforce Challenges

- Recruiting and retaining good quality staff is problematic
- Lack career pathways and fair wages
- Lack job security
- Poor rosters, hours and workload
- System challenges:
  - Funding
  - Industry bargaining
- Poor social and economic wellbeing
- Poor recognition



# Methodology



#### Literature review

Academic & grey literatures

### Methods



Semi-ethnographic methods

Home Care Providers x 5
Interviews x 33
Short-term placements x 4
Observations x 4
Business Model Canvas x 5



Action-research approach

Discussions, workshops, reports, KTE

#### Traditional Homecare Model: "Time and Task"

- Majority of care commissioned by Local Authorities in England
- Main offer: efficiency focused
- Care packages in short time slots and focus on completing personal care tasks
- Inflexible services
- Prioritises procedures, not outcomes
- Pay per minute care
- Workforce strict accountability

# **Emergent Homecare Models**

#### **Emergent Homecare Models**

- Social Enterprises
- Micro-enterprises
- Patch-based model

- Niche providers for specific groups,
   e.g. LGBT
- Elite private providers
- Platform/Uberisation Model

- Co-operatives
- Live-in care
- Integrated health and social care
  - Enablement Programmes
  - Community-based preventative approach e.g. social prescribing
  - Preventative/tech enabled homecare
- New Models of Homecare

- Place-based approach, community driven
- Assets-based (community and personal) model
- Self-managed care teams

#### Comparison: Old & New Models

Time and Task (old model)

Local authorities

Standardised care packages

Regulated

Efficiency-focused

**Uberisation** 

Agency type

Matching platform

Self-employed workforce

Unregulated

Live-in

Intensive care

Regulated

Fully managed services

Recruitment & training

Self-managed Care Teams

Small autonomous teams

Continuity and relationship

Value-based recruitment

Outcome focused

Preventative

Technology enabled

Personalised care

Health-focused

Relationship-led services

What do these emergent models offer?

#### **Uberisation** model

#### Choice (recipient and giver)

"Number one value is the fact that a client can exercise choice, and so rather than working with an agency where infrequently you have a choice of carer...most people want to choose their care worker, and it's not about the organisation you are working with it's about the carer, so you care about Jesse who looks after your mum. The second part of that choice... you give people choice without giving them the architecture to support it, so how do you know that Jesse has a right to work, a criminal record that's been checked, identity that's been checked, qualifications that she says she has, references that back up the fact she is to be trusted. By supporting the freedom and responsibility of frontline workers we enable them to create the relationships they need with care recipients, to co-create solutions individually and collectively." Founder, case study 1

#### Live-in Care model

#### Specialism

"What makes us different is the fact that <u>we just do live-in care you'll find a lot of organisations try to do everything and anything....so we spend a lot of time recruiting the right carers with the right values." Business Development Manager, case study 2</u>

#### Self-managed teams model

#### Trust, community & outcomes

"We build <u>trust in every interaction</u> and that applies across all the customer groups, family and person we support and again also with our employees. And then <u>community connections</u>...We focus on <u>outcomes</u> for the people we employ and the team, and there's outcomes for the people we support as well" Co-founder, case study 3

#### Preventative model

#### Personalisation & real time update

"We work on the technology that provides <u>real time updates</u> to the family members, open lines of communication with people who are family... Might be a neighbour it might be a friend. Give them that connectivity so they can see and know real time and what's happening...We can monitor and go out and basically prevent the person from becoming ill." Care manager, case study 5

# Market & Workforce Implications

#### Market Implications

Outcomes rather than task-centred approach

Flexible care plan arrangements

Partnerships enable holistic care & enhanced experience

#### Workforce Implications

Care workers as main stakeholder

Workforce development leads to lower turnover & fulfilled workers

"We have less than 4% turnover. That's pretty remarkable in a sector where the average is over 40%...I think that's a reflection on our outcome type of model, our values-based recruitment, the autonomy and support for our workers." Care Manager, case study 3

# Conclusions



- Shifting terminology: personalisation, choice, wellbeing, continuity & availability
- Time and task model is obsolete
- •Innovation mostly around their value offer, strong partnerships and workforce focus
- Value-based care system rather than task based



- Homecare and community support becoming increasingly interrelated
- Variety of providers and business models offer different career choices
- Workforce development improvesretention, motivation and performance

# Thank you!